

# Supporting People who are Neurodivergent

## General Accommodations in Any Setting



Utilize dimmed lighting

Reduce the use of strong smells (perfume, cologne, etc.)

Have quiet spaces without loud/sudden noises

Adjust the environment to provide accessible services to the client

Minimize clutter and distracting patterns

Ensure settings are easy to physically navigate



Utilize directional signs and signs that clearly identify the purpose of the area

Offer physical devices that increase the individual's comfort (e.g., technology, sensory soothing objects, etc.)

Provide conversational accommodations (e.g., visual aids, etc.)

Offer alternative ways to schedule appointments

Provide online and/or text reminders of appointments



University seal removed for blind review

(Clarke & Westmore, 2022; Davis, 2020; Simpson, 2016)